



UNDER 8/9 Rules for 2016

7 V 7

1. There will be a maximum of 12 players per team including the goalkeepers.
2. Games last 45 minutes with two 20 minute halves and a 5 minute interval.
3. A size 3 or 4 ball will be used for U8 and size 4 for U9.
4. The goals have to be the following sizes:
Height = 2 meters Width = 4 meters
5. The game will be placed across the width of one half of the field, so that two matches involving 28 players per Under8/9 team can run simultaneously.
6. The goal area should be demarcated with a dotted or broken line so as not to interfere with a normal eleven-a-side pitch. Tape or any form of markings may be used as long as it serves the purpose required and is not dangerous in any way to the players.
7. There will be no centre spot or halfway line – the referee must use his/her Discretion in choosing a kick-off spot. The referee must ensure the opposing team is 10 meters away from the ball at kick-off.
8. A penalty awarded within the goal area shall be taken 6m from the goal line.
9. Where a free kick is given, the opposing team is to retire 10 meters from the ball.
10. A team may make 5 substitutions any time, Any player may be substituted during any period of the game. A player that has been substituted may return to the field anytime after being substituted (Rolling Subs).
11. Goal kicks to be taken from the edge of the 10 yard area as normal.(10 yards from the ball).
12. The goalkeeper may run with the ball to the edge of the 10 yard area (with no interference) before kicking the ball into play.
13. There will be no off-side rule.
14. All other general rules of football will apply to the under 8/9, save those listed above.
15. Coaches are not allowed on the field of play.
16. There will be No postponements for any games – however should a team have a school function, tour etc, the game may be brought forward.
17. NO CARD NO PLAY

NO PERSONS ARE ALLOWED TO STAND BEHIND THE GOALS