



EASTERN LOCAL  
FOOTBALL ASSOCIATION  
Founded: 1934

**UNDER 6/ 7 RULES FOR COMPETITION 2016**  
**5 V 5**

1. *Each team to have maximum 10 TEN PLAYERS.*
2. *Games last 35 minutes with two 15 minute halves and a 5 minute interval.*
3. *Size (3) ball to be used for U/6 and U/7.*
4. *The goals have to be the following size:  
Height = 1.8 meters Width = 2.5 meters.*
5. *The Goal area should be demarcated with a dotted or broken line so as not to Interfere with a normal eleven-a-side pitch. Tape or any form of markings may be used as long as it serves the purpose required and is not dangerous in any way to the players.*
6. *The Game will be started from the centre of the field and when a goal is scored. Opponents must be 3meters away.*
7. *When the ball goes out of play, kick-ins will be taken from the place where the ball crossed the line. Opponents must be 3 meters away.*
8. ***A penalty awarded within the goal area shall be taken 6m from the goal line.***
9. *A goalkeeper can throw or kick the ball in play.*
10. *The goalkeeper can play as a sweeper as well.*
11. *No off-side rule in the game, but players must be made aware of the off-side rule to avoid “camping” in front of the opponent’s goal.*
12. *Full corners – opponents to be three (3) meters away.*
13. *No goals can be scored directly from an indirect free kick.(ie Kick-ins)*
14. ***Under 6 Coaches are ALLOWED on the field of play.***
15. *Penalties are to be awarded at an Under 6/7 game.*
16. *All other general rules of football will apply to the Under 6/7, save those listed above.*
17. *There will be No postponements for any games – however should a team have a school function, tour etc, the game may be brought forward.*
18. ***NO CARD NO PLAY***

**NO PERSONS ARE ALLOWED TO STAND BEHIND THE GOALS**

