



EASTERN LOCAL  
FOOTBALL ASSOCIATION  
Founded: 1934

## UNDER 10, 11, 12 Rules for 2016 9 V 9

1. There will be a maximum of 14 players per team including the goalkeepers.
2. Games last 55 minutes with two 25 minute halves and a 5 minute interval.
3. A size 4 ball will be used for U10,11,12's
4. The goals have to be the following sizes:  
Height = 2. Meters    Width = 6 meters
5. The game will be placed across the width of one half of the field, so that two matches involving 36 players per Under10, 11, 12's team can run simultaneously.
6. The goal area should be demarcated with a dotted or broken line so as not to interfere with a normal eleven-a-side pitch. Tape or any form of markings may be used as long as it serves the purpose required and is not dangerous in any way to the players.
7. The halfway line should be marked in similar way as the Goal/Penalty area, to be clearly visible to the referee and also not cause danger or obstruction to the players, The referee must ensure the opposing team is 10 meters away from the ball at kick-off.
8. A penalty awarded within the goal area shall be taken 6m from the goal line.
9. Where a free kick is given, the opposing team is to retire 10 meters from the ball.
10. A team may make 5 substitutions any time, Any player may be substituted during any period of the game. A player that has been substituted may return to the field anytime after being substituted (Rolling Subs).
11. Goal kicks to be taken from the edge of the 10yard (10m) area as normal. (10 yards from the ball).
12. The goalkeeper may run with the ball to the edge of the 10 yard area (with no interference) before kicking the ball into play.
13. ***The off-side rule will apply.***
14. All other general rules of football will apply to the under 10, 11 & 12 save those listed above.
15. NO CARD NO PLAY
16. There will be NO postponements for any games – however should a team have a school function, tour etc; the game may be brought forward.

NO PERSONS ARE ALLOWED TO STAND BEHIND THE GOALS